force	A force is a push or a pull. Forces can make things start moving, stop moving or change their shape.		
gravity	A force that pulls things together.		
Earth	The planet we live on.		
air resistance	Friction between ta moving object and		
water resistance	Friction between water and an object moving through the water		
friction	The force between two things that are moving (or trying to move) across each		
mechanisms	Devices that allows a small force to		
simple machines	Something that makes it easier to do a job eg. pulleys, levers and gears.		
lever	Anything rigid moved around a fixed point called a fulcrum to make it easier		
	A cord around a wheel for lifting heavy things.		
pulley			

A force causes an object to start moving, stop moving, speed up, slow down or change direction.



Pushing the cart causes it to start moving and then speed up.



Pulling the dog's lead causes it to slow down and eventually stop.



When the ball is hit (pushed) it changes direction.

Air resistance, water resistance and friction are contact forces that act between moving surfaces. The object may be moving

through the air or water, or the air and water may be moving over a stationary object.







Gravity is a force that acts at a distance. Everything is pulled to the Earth by gravity. This causes unsupported objects to fall.





Pulleys, levers and gears are all mechanisms, also known as simple machines.

A mechanism is a device that allows a small force to be increased to a larger force. The pay back is that it requires a greater movement. The small force moves a long distance and the

resulting large force moves a small distance, e.g. a crowbar or bottle top remover.



Name	Picture	How it Works	Used For
Lever	~	Helps to reduce the amount of force needed to move or lift an object, by increasing the distance through which the force acts.	stapler door handle claw of hammer tweezers
Pulley		Helps to reverse the direction of the lifting force, therefore multiplying the force your body produces on the object.	elevator wells theatre curtains bulldozer
Gear	Ç,	The 'teeth' on the gears turn one another, and in doing so, helps to increase the power of a turning force.	cars bikes pendulum clock vacuums