GebSet 4 P.E.

## Links to the PE National Curriculum

- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- They should enjoy communicating, collaborating and competing with each other.
- They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Pupils should be taught to use running, jumping, throwing and catching in isolation and in combination.
- Pupils should be taught to play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.



## Key Skills: Physical

- Throwing
- Catching
- Bowling
- Tracking, fielding \& retrieving a ball
- Batting

Key Skills: S.E.T

- Social: Organising \& self-managing a game
- Social: Respect
- Social: Supporting \& encouraging others
- Social: Communicating ideas \& reflecting with others
- Emotional: Honesty \& fair play
- Emotional: Confident to take risks
- Emotional: Managing emotion
- Thinking: Decision making
- Thinking: Using tactics
- Thinking: Identifying how to improve
- Thinking: Selecting skills



## scoring: How to score:

- One rounder for hitting the ball and running to base four without stopping
- Half a rounder for hitting the ball and running to base number two without stopping.
- Half a rounder for not hitting the ball and running to base four without stopping.
- Half a rounder for two consecutive 'no balls' from the bowler.
- Half a rounder for obstruction. E.g. if a fielder is standing in the path of a batter


## A player is out if:

- Caught out: by a fielder before the ball touches the floor
- Stumped out: by a fielder at the base the batter is running to.
- Run out: meaning the batter has run to a base where another batter is standing.
- Running inside the bases.


## Key Vocabulary:


strike
fielding
co-operatively
consistently
pressure

- batting
retrieve
overtake
outwit
- backing up
- continuous
- consecutive
- obstruction


## Teacher Glossary

Fielder: A player on the fielding team, especially one other than the bowler or backstop.
Batter: A player on the batting team.
Rounder: The unit of scoring
Bowler: The player who starts the game by bowling to the batter. Backstop: The player on the fielding side who stands behind the live batter (the batter who is batting).

